

Yoga In America By Deborah Bernstein



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Deborah Bernstein is a former management consultant and corporate finance executive turned yoga teacher and Deborah is the author of "Yoga in America"

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Deborah Bernstein is a yoga instructor and the founder of Roslindale Yoga Studio, in Boston, MA. Deborah is the author of What is Yoga? and Yoga in America.

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In January 2009, Hannah was invited to write one of the chapters in a new book, edited by Deborah Bernstein, called Yoga in America. Published in February 2009

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