

What Is A Loose-Head?: The Mysteries Of Rugby Explained By John C. Griffiths



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The Scarlets Rugby Blog Mr Dee John Muggleton has spent the last ten years although he did face competition from some decent loose-head props

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The 28-year-old loose-head is poised to sign for the All Whites And rugby director Richard Darren Morris and Welsh tight-head Ben Evans and joins John

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The primary role of the loose-head, on the other hand, is to look after the hooker so he can get a clean strike at the ball, but these days loose-heads have to be

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