

How To Keep Slim, Healthy And Young With Juice Fasting By Paavo Airola



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Dr. Paavo Airola authored fourteen books, 1971 How to Keep Slim, Healthy and Young With Juice Fasting ISBN 0 1982 Worldwide Secrets for Staying Young ISBN 0

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Excerpts from: How To Keep Slim, Healthy, and Young with Juice Fasting by Paavo O. Airola, N.C., Ph.D. (Phoenix AZ: Health Plus Publishing 1971)

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