

# Coffee, Tea, Chocolate, And The Brain (Nutrition, Brain And Behavior)



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Coffee, tea, chocolate, and the brain / edited by Astrid Nehlig. p. ; cm. (Nutrition, brain, and behavior ; v. 2) Includes bibliographical references and index.

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Jun 15, 2014 While there are times when you need a brain boost, caffeine's like coffee and tea, Journal of Nutrition: Caffeine and Alcohol Intakes

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