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Jan 01, 2011 Violet Li is an award winning journalist, a 12th generation Chen Style Tai Chi Inheritor, certified Taiji (Taichi) instructor, and certified Heart Zone

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Yang Style Tai Chi Chuan as an advanced methodology of Yang Cheng-fu style. It was written on behalf of Yang Cheng-fu by Chen Wai-ming and

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Advanced Yang Style Tai Chi Chuan by; Yang Jwing-Ming, Dr. Yang, Jwing-Ming is a renowned author and teacher of Chinese martial arts and Qigong.

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Yang Style Tai Chi Chuan is one and his great-grandsons Yang Zhen Ming, Yang One period of temporary work was spent in doing odd jobs at the Tai He Tang

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